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Headteacher: Mr Les McAnaney
Deputy Headteacher: Mrs Lesley Russell

20th May 2024

Foundation of Light Family Learning



Dear Parent/Carer

Family Learning: 'Body Image & Self Esteem'

Foundation of Light are offering a 3 week family learning course! This short, informative workshop will focus on Body image and self esteem. Within this short course parents will be given the opportunity to explore: what is body image, what influences our opinions of body image, common eating disorders and their signs and symptoms, and how to support our children to have a positive body image

Workshop start date: Tuesday 11th June 2024

Time: 9.15am – 11.15am (approx.)

End date: Tuesday 25th June 2024

If you are interested in taking part in this course, please fill in and return the slip below to Miss Tose in Year 1 or to the school Office.

Yours sincerely, Miss C.Tose

I would like a place on the Family Learning 'Body image and self esteem'

There are only limited spaces available; if you would like to take part please sign and return the slip below as soon as possible. The course will start on Tuesday 11th June. Please do not assume you have a place; we will send a confirmation slip if a place has been allocated.

Child: _____ Class: _____

Signed: _____

Enjoy - Respect - Achieve

