

Sunderland Children's Centres East Locality — February Half Term

Telephone: 0191 553 7650

13 to 20 February 2010

Monday 15

Toy Library
Valley Road Community Primary School
8.45am to 12.45pm

Toy Library
Ryhope Community Centre
9am to 12pm

Baby Days (0-1 year)
Ryhope Community Centre
9am to 10.30am

Baby Days (0 to 1 year)
Silksworth Health Centre
9.30am to 10.45am

Bosom Buddies
Ryhope Community Centre
10.30am to 12.30pm

Messy Play (0 to 5 years)
Grangetown Children's Centre
1pm to 2.30pm

OTHER INFORMATION

Families Information Service - Contact Katie on 0191 553 7650 for information on childcare, parent and toddler groups, leisure activities and much more.

SATURDAY

Toy Library
Ryhope Community Centre
9.45am to 11.30am

Dads and Kids
Ryhope Community Centre
10am to 11.30am

Tuesday 16

Toy Library
Millfield Children's Centre at Millfield Community Nursery School
9am to 10am

Stay and Play and Story Time (0 to 5 years)
Millfield Children's Centre at Millfield Community Nursery School
9am to 11am

Family Fun Day
In conjunction with Venerable Bede School
10am to 1pm
For more information please contact Clare Sutherland on 0191 5239745

Baby Days (0 to 1 year)
Grangetown Children's Centre
1pm to 3pm

Toy Library
Valley Road Community Primary School
1pm to 4pm

Parentcraft
Ryhope Children's Centre
5pm to 7pm
Riverview Health Centre, Hendon
5.30pm to 6.45pm
Please contact your midwife for details or us on 0191 553 7650

Wednesday 17

Toy Library
Valley Road Community Primary School
9am to 12pm

Bosom Buddies
Silksworth Health Centre
9.30am to 11.30am

Messy Play/ Story Time (0 to 5 years)
Hudson Road Primary School
10am to 11.15am

Toy Library
Ryhope Children's Centre
12.30pm to 2pm

Time for Rhyme (0 to 15 months)
New Silksworth Children's Centre
1pm to 1.45pm

Messy Play/ Story Time (0 to 5 years)
Ryhope Children's Centre
1.15pm to 2.30pm

Volunteer Information Session
Grangetown Children's Centre
1.15pm to 2.45pm

Time for Rhyme (0 to 15 months)
New Silksworth Children's Centre
2pm to 2.45pm

Dads and Kids
Grangetown Children's Centre
3.30pm to 5pm

Thursday 18

Baby Days (0 to 1 year)
Hudson Road Primary School
9am to 11am

Toy Library
Valley Road Community Primary School
9am to 12pm

Bosom Buddies
Hudson Road Primary School
9.30am to 11.30am

Busy Bodies (2 to 5 years)
Ryhope Community Centre
10.15am to 11.15am

Toy Library
Ryhope Community Centre
12.30pm to 3pm

Messy Play (0 to 5 years)
Ryhope Community Centre
1pm to 2.30pm

***Family Nurturing Courses** – Various venues. Please contact us on 0191 553 7650 for details.

***Triple P** – Positive Parenting Programme for 0-12 years. For more information on a variety of parenting programmes please contact Sharon Norton on 0191 553 6206.

***Baby Massage** – various courses and venues. Please ring for information on 0191 553 7650.

Friday 19

Rhyme Time/ Busy Bodies (12 months to 2 years)
Ryhope Children's Centre
9.30am to 10.15am

Time for Rhyme (0 to 15 months)
Ryhope Children's Centre
10.30am to 11.15am

Stay and Play and Story Time (0 to 5 years)
Millfield Children's Centre at Millfield Community Nursery School
1pm to 3pm

Busy Bodies (2 to 5 years)
Grangetown Children's Centre
1.15pm to 2.15pm